

Exciting New Books From
 **Howell Canyon Press**

The Adventures of Melon and Turnip



Trisha Adelena Howell,
 illustrated by Paul Lopez
 ISBN 1-931210-04-7 \$15.95
 32 pages hc 8.5" x 11" full color
Two friends embark on an action-packed adventure, encountering danger and making exciting discoveries about the value of friendship, joy, making dreams come true, treating others with love, and being true to self.

The Princess and the Pekinese

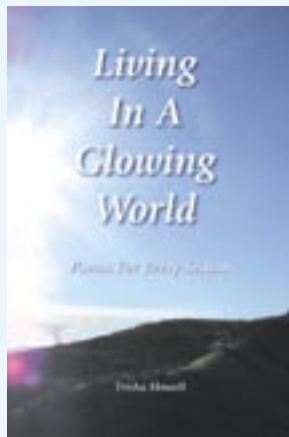


Trisha Adelena Howell,
 illustrated by Paul Lopez
 ISBN 1-931210-03-9 \$15.95
 32 pages hc 8.5" x 11" full color
When a "princess" runs away from her family's new puppy, she encounters hard lessons. When found, her snobbishness is replaced by appreciation of blessings. With a delightful surprise twist, children learn the value of love, family, self-insight, and acceptance of others.

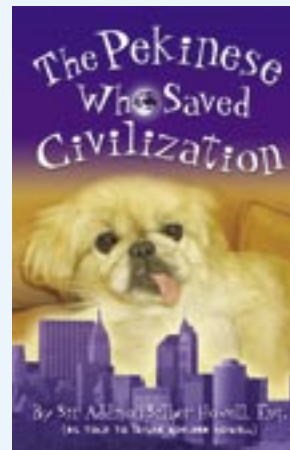
Living In A Glowing World: Poems For Every Season

Trisha Howell
 ISBN 1-931210-08-X \$9.95
 66 pages sc 5.5" x 8.5" with
 9 b/w photos

Each season is an opportunity for beauty, renewal, and self-transformation. Through poems tailored to the themes, moods, and emotions of each season, this collection of original poetry pleurably evokes the joys, sorrows, and triumphs of living in a glowing world.



The Pekinese Who Saved Civilization



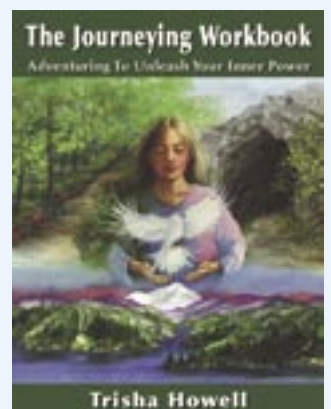
Sir Addison Silber Howell, Esq., as
 told to Trisha Adelena Howell
 ISBN 1-931210-07-1 \$11.95
 208 pages sc with 102 b/w
 photos 5.5" x 8.5"

Did you know that behind every great human being is a great dog? Addison the Wonder Dog reveals the true history of the world – from the canine perspective – and humorously shows how to solve all problems, thereby saving civilization.

The Journeying Workbook: Adventuring to Unleash Your Inner Power

Trisha Howell ISBN 1-931210-06-3 \$15.95 165 pages sc 8.5" x 11"

This powerful practical manual guides you through an easy, step-by-step way to journey into the deep recesses of your mind and beyond to bring back a wisdom you never knew you possessed. Discover your life purpose, obtain accurate and dependable guidance for all situations, gain a deeper understanding of yourself and others, become more intuitive, and experience the fun and wonder of exciting inner adventures. This life-changing workbook includes 100 healing journeys and instructions for generating more.



NeuroCranial Restructuring: Unleash Your Structural Power

Dean Howell, ND ISBN 1-931210-02-0 \$11.95. 108 pages sc 5.5" x 8.5" with 22 sets of b/w photos.
The definitive explanation of the therapy that is revolutionizing physical medicine. NeuroCranial Restructuring (NCR) is the most powerful manipulation technique in existence, redefining protocols for the treatment of pain and dozens of other conditions. It improves facial beauty, postural patterns, mental, and emotional clarity as well as a variety of physical health disorders.

The Adventures of Melon and Turnip

"Wonderful text, beautiful rich colors, and delightful characters full of spunk. Howell's book is fun and has a positive message—what more could a parent and educator ask for?"

Jennifer LB Leese, It's Only Ink! Children's Book Review Newsletter

"I hope this book becomes mandatory in every classroom relevant to the age group that it serves. We often hear the expression, "children can be so cruel," and is there really a tougher life than the earliest years at school, where children haven't yet mastered the generosity of spirit or the subtlety of life? If only for a moment, this thought-provoking and moral story may just spark a sense of humanity in a child that discriminates. So as a parent, I cannot do anything else other than give this book my full approval and recommendation, not just for it's moral and responsibility values, but also because it engaged my own children long past the final page. This is definitely a book that will easily fit into any child's favorite collection!"

Elizabeth Batt, Elizabeth Batt Book Reviews

The Princess and the Pekinese

"I can't say enough good things about this book. I was delighted with the distinct personality of Princess Lillian, the twist in her story, and her many adventures and lessons. It was fabulous! I loved it! I can't wait for a sequel!"

Ruth Wilson, Huntress Reviews

"A charming children's picture book that deals with acceptance, getting along with others and tolerance, 'The Princess and the Pekinese' is sure to delight...The story is interesting and has a twist of an unusual nature that even the adults will find humorous. Well worth the read and sure to find its way into children's treasuries of favorite books."

Margaret Chapman, Blether Reviews

Living In A Glowing World

"'Living In A Glowing World' is an irresistible collection of living, glowing gems, handed to us as gifts from a joyous heart. Ms. Howell welcomes us into a place that sings with wonder, where no detail is too small to celebrate and every moment of life is a treasure filled with promise, holiness and meaning."

Diane Farr, award-winning novelist

"Here is a marvelously spiritual, sensory feast of seasonal poetry. Howell's rich, life-affirming poetry is an antidote to cynicism, fast-food-infotainment and shock value in our culture. Her glowing words give us back a glowing world."

Kristin Johnson, My Shelf Reviews

The Pekinese Who Saved Civilization

"'The Pekinese Who Saved Civilization' is a clever refreshing approach to a commentary on every issue thinkable...Addison describes his relationships with witty charm flanked by lampoonery. This perspective, told from the Pekinese's point of view, tackles serious issues head-on while keeping the humor in tow....Hilariously potent."

Sherry Russell, Midwest Book Review

"If Mark Twain wrote like a dog, he would write like Sir Addison Silber Howell, Esq...Addison [is] the canine answer to the feline bon vivant Garfield... Addison's treatise is adorable...Addison's heart-stopping face on every page makes you fall in love."

Kristin Johnson, My Shelf Reviews

The Journeying Workbook

"A provocative and useful guide to a method that can help you improve your life focus and find more purpose and wisdom. It includes guidelines to help you get started on your own journey into yourself and other levels of the universe, and offers precise examples and exercises to develop your natural talent once you've learned the basics."

Alicia Rasley, award-winning author and educator

"Ms. Howell has given you a map for your spiritual journey, a way to experience deep positive change."

Ginger Metraux Ph.D., author *Inner Personalities of the Chart & Pluto, Planet of Magic and Power*

Available nationally:

Biblio Distribution, Ingram, Baker & Taylor, Partners West, or your favorite wholesaler.

For more information or to schedule an author workshop, reading, or signing, please contact Trisha at (360) 563-0865 or email Trisha@HowellCanyonPress.com