

HOWELL CANYON PRESS



WHAT CRITICS SAY ABOUT THE JOURNEYING WORKBOOK

*If you are feeling lost, out of sorts, or obstructed in life or love, then read THE JOURNEYING WORKBOOK: Adventuring to Unleash Your Inner Power! Howell has put together a book full of beneficial techniques to help you utilize all the physical, mental, emotional, and spiritual resources that surround you. This book is a wonderful for those getting in touch with their spiritual existence, self-empowerment, and true intimate self.—Jennifer LB Leese, It's Only Ink! Book Reviews*